

SHAC F.A.Q.



What is my role?

You can help our school district better prepare our students for success through coordinated school health. To better prepare you for the responsibilities and expectations of SHAC, please see below for answers to frequently asked questions.

- 1. What is the role of SHAC?** *The SHAC has many roles that include, but are not limited to, setting priorities based on community needs and values and links with community resources; developing plans that address all eight components of a coordinated school health program; assisting in program planning, promotion and advocacy, fiscal impact, district and state agency interaction, district school board interaction, and evaluation, accountability and quality control.*
- 2. What are the main responsibilities of SHAC?** *The SHAC's duties include recommending: 1) the number of hours of instruction to be provided in health education; 2) curriculum appropriate for specific grade levels designed to prevent chronic illness through coordination of: health education; physical education and physical activity; nutrition services; parental involvement; and instruction to prevent the use of tobacco; 3) appropriate grade levels and methods of instruction for human sexuality instruction; and 4) strategies for integrating the curriculum components specified by Subdivision (2) with the following elements in a coordinated school health program for the district: school health services; counseling; a safe and healthy school environment; and school employee wellness.*
- 3. How often does SHAC meet?** *The SHAC meets a minimum of four times throughout the school year. Attendance is expected and appreciated for continuity throughout the year. Times are set at the first annual meeting with input from all board-approved members for that calendar year.*
- 4. Where does SHAC meet?** *Meetings can be held virtually through the SHAC's Canvas page allowing you the convenience of being at home while still being an integral part of the committee, as well as meeting at the Forney ISD Central Administration Building at 600 South Bois d'Arc.*
- 5. How can I prepare for my role on SHAC?** *All new SHAC members will receive the Forney ISD SHAC by-laws at the first meeting attended. These by-laws explain the roles and responsibilities of all SHAC members. All applicable information, resources, and reports will be provided to you.*
- 6. How long do meeting last?** *The typical meeting length is approximately an hour.*
- 7. Who facilitates the meeting?** *SHAC is required, by law, to have a parent serve as a co-chair.*

Coordinated School Health Mission Statement:

To coordinate, educate and support district and community efforts that will promote the physical, social and emotional well-being of students, staff and families.

Need more information?

Please contact Stacie Brown, RN, BSN Coordinator of Health, Wellness & Safety

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Accomplishments of SHAC for 2013-2016

Some recent accomplishments of the SHAC include: Hosting annual community health fair; recommendation for adopting Human Growth & Development program from Scott and White Wellness; biennial review of the district's wellness policy (FFA); recommendation for adopting Grant Haliburton's student and parent programs for anti-bullying, suicide prevention and other mental health issues surrounding youth; adopt the Whole School, Whole Community, Whole Child Model of the ASCD.

We are privileged to have a supportive Board of Trustees that is dedicated to improving the health and wellness of Forney ISD students and school communities.